

# Wellbeing

careers

## Employee wellbeing

### Engagement Partner, Wellbeing Officer, Employee Experience

What do they do?

Based in Human Resources or Learning and Development teams, they promote the mental and physical health of a workforce to improve satisfaction and increase staff retention.

Entry requirements

Degree in Human Resources, ACAS or CIPD training courses.

Salaries

£25,000-67,000

## Mental health

### Counsellor, Therapist, Psychological wellbeing practitioners

What do they do?

Use a range of psychological interventions and skills to support people with common mental health problems.

Entry requirements

Degree at 2:1 plus the Psychological Wellbeing Practitioner with a Certificate, OR the Psychological wellbeing practitioner Level 6 apprenticeship. Both require a sponsoring employer.

Salaries

In the NHS, £27,157 for a Trainee, up to £52,936 for a Therapist. With management duties, up to £60,316. In the charity sector, £18,800.

## Pastoral support

### Wellbeing Advisors, Wellbeing Managers, Coaches

What do they do?

Coach and support students and apprentices to help them stay on their course, overcome barriers to progression and improve student satisfaction.

Entry requirements

Varies, but Level 3 Certificate in Assessing Vocational Achievement, certificates in coaching or mentoring, some sector-specific knowledge.

Salaries

£24,000-45,000



Further Training

**Employee wellbeing:** CIPD Employee Wellbeing, CIPD Employee Experience Accredited Programme

**Mental health:** Postgraduate diploma in Cognitive Behavioural Therapy, Management training, condition-specific training

**Pastoral support:** ILM Level 5 Effective Coaching and Mentoring



## Top employers

Employee wellbeing:



Mental health:



Pastoral support:



For more information

[www.peabody.org.uk/economic-inclusion](http://www.peabody.org.uk/economic-inclusion)

[employment.training@peabody.org.uk](mailto:employment.training@peabody.org.uk)